What can you gain with Serostim®?

Understanding the only FDA-approved medication used to treat 3 key symptoms of HIV-associated wasting

**INDICATION AND IMPORTANT RISK INFORMATION**

**What is SEROSTIM® (somatropin) for injection?**

Serostim is an injectable prescription medicine used for the treatment of HIV-positive patients with wasting or cachexia to increase lean body mass and body weight, and improve physical endurance. Treatment with antiretroviral therapy at the same time is necessary.

**You should not take SEROSTIM if you have:**

- A critical illness from surgery, serious injuries, or a severe breathing problem
- Cancer or are undergoing treatment for cancer
- Eye problems caused by diabetes
- Allergies to growth hormone or other ingredients in Serostim vials

Please see Important Risk Information on the following pages and the Prescribing Information attached.

**HIV-associated wasting conversation starters**

The questions below can help reveal if symptoms of HIV-associated wasting are present

**Do I have a loss of energy, along with a loss of weight?**

- Are there activities that are more difficult for me to perform?
- Am I exercising less?
- Do I need to rest more often?
- Do I frequently feel tired after certain activities?

**Do I have unintentional weight loss?**

- Do the changes in my weight negatively affect my health and how I feel?
- Do my clothes fit more loosely?
- Have I lost weight without trying?
- Have my friends, family, or coworkers noticed any changes in my body or the way I look based on changes in my weight?

If the answer to any of these questions is “yes,” it’s time to talk to your healthcare provider about HIV-associated wasting.

For more information on treatment with Serostim®, visit Serostim.com.
HIV-associated wasting is characterized by 3 key symptoms

- Decreased energy
- Weight loss
- Loss of lean body mass

HIV-associated wasting can affect anyone living with HIV, including those with undetectable viral load and normal CD4 counts.

Eligible patients can save on Serostim® treatment costs

The Serostim® Copay Assistance Program can decrease or potentially eliminate out-of-pocket costs for eligible commercially or privately insured patients.* For most patients, the copay is fully covered by the program.

*For eligibility requirements and to download or activate a copay card, visit SerostimCopay.com.

In clinical trials, Serostim® improved energy and increased lean body mass and weight in people with HIV-associated wasting

**INCREASED ENERGY**

In a study of 757 people, Serostim® improved physical endurance as assessed by a stationary bike exercise after 12 weeks of treatment.\(^1\)

**INCREASED LEAN BODY MASS & TOTAL WEIGHT**

In the same study, increases in lean body mass and weight were reported in patients who took Serostim® for 12 weeks. In a 12-week extension phase, increases in lean body mass were maintained or improved through 24 weeks. Increases in weight were maintained through 24 weeks.\(^2\)

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Lean body mass (median increase)</th>
<th>Total weight (median increase)</th>
<th>Increase in physical endurance (median increase)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serostim® 0.1 mg/kg daily (n=218)</td>
<td>+11.5 lbs</td>
<td>+6.5 lbs</td>
<td>+9.1%</td>
</tr>
<tr>
<td>Serostim® 0.1 mg/kg every other day (n=230)</td>
<td>+7.3 lbs</td>
<td>+4.9 lbs</td>
<td>+8.9%</td>
</tr>
<tr>
<td>Placebo (n=222)</td>
<td>+1.4 lbs</td>
<td>+1.6 lbs</td>
<td>-0.2%</td>
</tr>
</tbody>
</table>

IMPORTANT RISK INFORMATION (continued)

What should I tell my doctor before using SEROSTIM?

- If you have cancer or had cancer in the past.
- If you have diabetes, are at risk for getting diabetes, or have blood sugar levels that are higher than normal. New cases of type 2 diabetes have been reported in patients taking Serostim.
- If you are allergic to growth hormone, benzyl alcohol, sucrose, phosphoric acid or sodium hydroxide.
- If you are taking any other medicines (both prescription or over the counter), vitamins, or supplements because these medicines may affect each other. Your doctor may need to adjust the dose of Serostim or other medicines you are taking.
- If you are nursing, pregnant, or plan to become pregnant. It is not known if Serostim passes into your breast milk or could harm your unborn baby.

What are the most common side effects of SEROSTIM reported in clinical trials in patients treated for HIV-associated wasting or cachexia?

- Swelling, especially in the hands or feet or around the eyes
- Bone, muscle, and joint pain or stiffness
- Tingling, numbness and pain in the fingers, thumb or wrist
- Unusual skin sensations
- Breast enlargement in men
- Nausea
- Extreme tiredness

Please see Important Risk Information on the following page and the Prescribing Information attached.
For more information about Serostim® and HIV-associated wasting, visit Serostim.com

IMPORTANT RISK INFORMATION (continued)

Other less common but serious side effects of SEROSTIM are:

- High blood sugar (hyperglycemia/diabetes) which can include symptoms of increased thirst and urination, tiredness, or trouble concentrating
- Headaches, changes in vision, nausea or vomiting, which requires immediate medical attention
- Serious allergic reactions that require immediate medical attention
- Pain and tenderness in the abdomen

These are not all of the possible side effects. Let your doctor know about any side effects you experience. Your doctor may prescribe a pain reliever or may decrease your dose of Serostim to help manage some side effects.

How should you administer SEROSTIM?

Patients and caregivers should be trained by a healthcare professional on how to mix and inject Serostim prior to use. Never share Serostim with another person, even if the needle is changed. Injection sites can include arms, legs, abdomen and should be changed daily. Avoid injecting Serostim in areas that are sore or bruised.

Please see the Full Prescribing Information attached.